



DJILBA WINTER • SEPTEMBER 2025

OCEAN TIDINGS

Newsletter



NEW RESIDENT

V74 - Brenda Coyle

SHOPPING TRIP SCHEDULE

Floreat Forum (Weekly) except
for the week of the **Karrinyup**
Shopping Centre
Every Tuesday - \$6,
9:30am to 11:30am

Karrinyup Shopping Centre
(3rd Tuesday, every month)
Tuesday, 16 September - \$7,
9:15am to 11:45am

Bookings essential through
Reception by calling
9285 3000

Please make sure you have signed
the Informed consent and liability
waiver form, prior to going on the
village bus. We require this form to
be completed on an annual basis.

RECEPTION OPENING HOURS

Monday to Friday: 9am to 4pm
Call 9285 3000 or email
reception@oceangardens.com.au

Reception is closed on public holidays.

KIOSK OPENING HOURS

- Monday to Friday: 9am to 12pm
- Saturday: 9am to 10:30am
- Sunday: CLOSED
- Public holidays: 9am to 10:30am

RESTAURANT OPENING HOURS

- Sunday: 12pm-2pm
- Wednesday, Thursday & Friday: 12pm-2pm
- Public holidays: CLOSED

UPCOMING SPECIAL EVENTS

- 14 Sept - Sundowner - Shaun Tan
- 17 Sept - Kings Park Wildflowers
- 19 Sept - AFL Tipping Announcement





Ocean Gardens

ACTING CEO

AMANDA GRAY

Hello everyone,

It's hard to believe how quickly the past two months have flown by! I'm really enjoying my time as Acting CEO and feel privileged to have this opportunity.

I recently had the pleasure of attending the anniversary dinner for the first time, and I just wanted to say what a truly lovely evening it was. It was such a joy to chat with so many of you and to be part of the warm, welcoming atmosphere that makes our village so special. Sharing in the laughter, stories, and all the evening's frivolities was a real highlight. Thank you all for making it such a memorable night!

You may recall the recent power outage—while it certainly wasn't planned, it turned into a lovely opportunity for everyone to come together. It was heartwarming to see residents gathering, sharing laughter, and each other's company. And yes, in true community spirit, I found myself serving chicken rolls and wine in the restaurant — It was a memorable day for all involved.

The Board has recently been spending time reviewing the floorplates for the apartments in the upcoming redevelopment and working through the final layout details. We're pleased to share that good progress has been made, and once we receive the finalised plans back from the architects, we will be sharing them with you all. That said, residents can be reassured that the layouts haven't changed significantly since the last set you saw, so there should be no major surprises. We look forward to keeping you updated as things progress.

In other news, we've recently finalised our annual audit, conducted by Moore Australia. I'm pleased to share that we received a clean audit result. This outcome reflects

the strength of our internal systems and the hard work of our team in maintaining high standards across the board.

Looking ahead, the leadership team is now focusing on the upcoming aged care reforms, with new legislation coming into effect on 1 November. These changes will impact the cost structure of care services. Typically, cost changes take effect from 1 July each year, but due to the delay in the introduction of the new reforms, they've been postponed until November. We'll be sure to communicate any updates with you well in advance to keep you informed and prepared.

On a related note, we're excited to welcome our new Care Manager, Grace, who started with us on 1 September. Grace is a registered nurse with a strong background in home care, and we're thrilled to have her onboard. Hopefully, many of you have already had the chance to meet her and say hello—if not, please don't hesitate to introduce yourself when you see her around.

BREAKING NEWS

OCEAN GARDENS TV CHANNELS

Channel 123 – Health Hub and Village Emergency Announcement
Channel 125 – Events and Notices
Channel 126 – Village Photos

You will need to tune your TV to access these channels.



OCEAN GARDENS CARE SUPPORT SERVICES CARELINE

Please call **9285 3032** (office hours) or **0418 800 438** (after hours) for Care Support Team. We are here for you 24 hours a day, 7 days a week.

IAN DANG MARKETING COORDINATOR

OCTOBER OCEAN TIDINGS NEWSLETTER Submission Deadline: 18 September

If you would like to share a photo or promote an event at the village, please email the contents to Ian at idang@oceangardens.com.au

SEPTEMBER BIRTHDAYS

- 1** Mary Nicholas
- 5** Frances Fleming
- 8** Margaret Marshall
- 11** Sandra Hill
- 11** Ian Sharp
- 13** Anne Hewitt
- 18** Pam Cunningham
- 18** Clive Duggan
- 20** Meg Roche
- 21** Ian Hesse
- 22** Phil Tenger
- 24** Diane Mansfield
- 26** Joseph Hrabar
- 29** Alan Hewitt
- 29** Margaret Newman
- 30** Guy Bowra
- 30** Susan Merralls
- 30** Mary Pearce

Please advise Ian in Marketing if you do not want your Birthday to be listed.



MAH JONG

Every Friday, 1:30pm, Ritson Room. All equipment including instructions are provided. Beginners are welcome. Enjoy afternoon tea too!

Mah Jong has been found to be effective in improving short term memory, attention and logical thinking.

For more information, please contact Vicki on 0400 324 414.

MAH JONG GROUP BY SUSAN MERRALLS

The Mahjong girls are a lively bunch,
some Fridays there's often no time for lunch.
But arvo tea brings all together,
for social chat - NO, not "the weather".
Heads down again, more rounds to play,
Before it's "CRAZY CHOWS" to end the day.



VILLAGE MANAGER

ALISON ROGERS

VILLAGE MANAGER OG ATRIUMS CATCHUP DATES

Reabold - 3 September, 10am
Mt Kenneth - 10 September, 10:30am
Floreat - 17 September, 10:30am
Bold Park - 24 September, 10:30am

Hi everyone,

Did you know it's only 16 Fridays until Christmas? I honestly do not know where this year has gone. It certainly has been a full on year so far with many changes and challenges, along with the rewards that come with a great team effort.

I would like to extend my gratitude to everyone for your understanding and resilience during the very trying seven hours without power to the village on the 15th of August.

Your calm and cooperative approach truly made a difference. The way you handled the situation helped the entire team manage the challenges more effectively, and your support did not go unnoticed. We have had positive feedback from many residents over the handling of the situation, some who even said it was a nice break from the norm! Cups of tea, coffee, biscuits, and toasties on offer from the kitchen in the morning (a big thank you to Michelina and Pilar!) brought many people together for an early morning chat and start to the day. Then chicken rolls and soup on offer for lunch - along with a glass or two of wine or bubbles - brought even more people together, all enjoying the afternoon in the restaurant. Thankfully for all, the power finally came back on at 12:57pm, just before the advised 1pm restoration time!

Thank you to everyone who responded to the recent poll in Tidings regarding the possibility of replacing a pet should one sadly pass away. While the response rate was modest at 20%, the results showed a slight swing in favour of allowing replacements, with a margin of 10 votes.

Given this outcome, management will now consider pet replacement requests on a

case-by-case basis. Each request will be assessed with consideration to factors such as:

- Any previous complaints related to the owner
- The resident's ability to care for a pet
- The location of the residence within the village (e.g., upstairs villa, apartment, etc.)

We appreciate your input and will continue to work together to ensure the wellbeing and happiness of all residents in the village.

Unfortunately, there have now been four false fire alarms triggered in the main building and apartments, each requiring attendance by the fire brigade at Ocean Gardens. As a result, we have incurred a total charge of \$1,337 for the most recent incident. As discussed at the last budget meeting, any resident responsible for repeatedly activating a false alarm will be liable for the associated cost through to 30th June 2026. This will now be enforced. We kindly ask everyone to remain vigilant—especially when cooking or using appliances that may trigger alarms. Your care and attention help keep everyone safe and avoid unnecessary disruptions and expenses.

Mark Burgess is on leave from the beginning of September until mid-October - he is taking a well earned break and travelling throughout Europe. I will be handling his role while he is away, so please reach out to me if you have any concerns or queries in the sales department.

Enjoy the footy finals and the sunny weather hopefully heading our way.

RESIDENT-RUN ACTIVITIES

Please be aware all events are subject to change. Keep an eye on the notice board. If you have a particular interest and would like to form a group, please contact the President of the Residents Association, Carole Wallace.

Event	When	Where	Time
Anglican Church Service	4 th Tuesday of every month	Ritson Room	10am
Art Group @ V144 Art General Meeting	Every Wednesday 1 st Wednesday of every month	Villa 144	2pm 4pm
Bingo	4 th Wednesday of every month	Function Room	2:30pm
Book Club	2 nd Wednesday of every month	Ritson Room	6:30pm
Bowls	Everyday	OG Bowling Green	9:30am
Bridge	1 st & 3 rd Sunday of every month	Ritson Room	1:30pm
Catholic Mass	1 st Wednesday of every month	Ritson Room	11:30am
Croquet	Every Sunday, Tuesday, Wednesday, Thursday and Saturday	Croquet Lawn	2pm
Library	Residents can request books from the Cambridge Library to be delivered to the Village Library, phone 9383 8979. Open every day.		
Line Dancing	Every Friday	Function Room	11:15am
Mahjong	Every Friday	Ritson Room	1:30pm
Movie 303	4 th Sunday of every month	Function Room	3pm
Patchwork Group	Every Monday	Villa 144	10:30am
Piano Tuesdays	Every Tuesday	Function Room	10:30am
Prayer Group Meeting	3 rd Thursday of every month	Ritson Room	9:30am
Residents Garden Club	3 rd Thursday of every month	Croquet Gazebo	10am
Rummikub	Every Tuesday and Saturday	Ritson Room	1:30pm
Saturday Morning Tea	Every Saturday	Floreat Atrium Common Area	10am
Sing Along	Last Friday of every month	Function Room	2pm
Sundowner Entertainment	2 nd Sunday of every month	Function Room	5pm
Snooker	Every day	Recreational Lounge	1:30pm
Table Tennis	Every Tuesday	Function Room	1:30pm & 7pm
NEW - Ukulele Lessons	Every Thursday	V144	10am
The Resident Workshop	Every Tuesday	The Workshop	9am

Volunteer drivers:



Village Car

Volunteer drivers: Christine Bunny, Peter McKerracher, Tony Musca, Terry Pearson, Ray Purdy, Ron Soutar, Peter Merralls, Joe Hrabar and Jennifer Pearson.



Residents' Association **PRESIDENT** CAROLE WALLACE

Hi again,

Another busy month has rushed by. At our August meeting the Chairman of the Board of Ocean Gardens Incorporated, Darren Cooper attended the Residents' Association committee meeting.

Darren, is an impressive speaker and gave us a full update of the Board's deliberations and actions over the past few months, and key insights into upcoming Board considerations.

The term of two long serving OGI Board members, who have been involved in the planning for the new development since inception, end shortly. Fortunately, two excellent candidates have been appointed as replacement directors – one has already commenced, and the other's term will start in October.

Unfortunately it appears that some tension has arisen between OGI and the Town of Cambridge in relation to our development project.

OGI made use of the State's new "Part 11B Significant Development Pathway" administered by the WA Planning Commission (WAPC) for proposals valued in excess of \$20 million to have our village redevelopment and the proposed apartment building on the Balandi Way site assessed. The WAPC considered many factors; the form, heights and design of the buildings, the extensive local community consultation undertaken by Bode, and the historical Ocean Mia Design Guidelines that never considered apartment development of the type now being proposed. In spite of objections from the Town of Cambridge, the WAPC approved both Bode's proposed apartment development and OGI's proposed new building, and the

Balandi Way site has since been transferred to our development partner Bode.

The Town of Cambridge has since sent a legal letter to OGI claiming breach of contract from when OGI originally bought the site, claiming we are obliged to develop the site strictly in accordance with the Ocean Mia Design Guidelines, forcing OGI to defend our position legally. OGI is not developing the Balandi Way site, therefore any complaints, both from residents and Cambridge Council need to be directed to Bode. Bode, have extensively consulted all the Ocean Mia owners regarding the development with only a very limited number of objections, and in fact Bode has pre-sold some of its proposed apartments to Ocean Mia residents!

OGI Board has since offered on a number of occasions to host the Town of Cambridge Councillors on site for a meeting and walk-around to better understand our proposed development and meet with the Residents Association Committee, and more recently that same invitation has been extended to the Town's CEO and Directors. These overtures have received no response.

Local Government Elections are scheduled for 18 October 2025. As the residents of OG represent a large number of votes for Cambridge Council, it would be informative for us to hear from incoming and sitting Councillors, so it's been proposed that Ocean Gardens invite them to a "Meet and Greet" with residents and to exchange ideas. The suggested date is the 24th September 2025, followed by a light lunch, of course this is to be confirmed.

EVENTS & UPDATES

To ensure the success of events in the village and to support those who work to make it all happen please register and if needed pay the entry fee well before the event. Early registration makes the planning much easier especially when catering is offered.

Sundowner Entertainment, Shaun Tan - Sunday, 5pm, 14 September, \$5pp

Shaun Tan, Violinist, is a truly remarkable young man with a wonderful talent. When he becomes famous you will be able to say with pride, "I heard him play as a teenager". Shaun is 13 years old, studying at Churchlands Senior High and performs with the Western Australian Youth Orchestra and at various Aegis Aged Care facilities. This is one Sundowner not to be missed.

Footy Tipping Prize Announcement- Friday, 5pm, 19 September

Footy tipping season is nearing its end, and competition at the top is getting keener. There will be the usual cash prizes for the top 4 scores and the bottom finisher, as well as about 15 "straggler" prizes for those who scored 9 in the last 8 rounds

Prize giving will take place on Friday 19 September in the form of a "bring your own" barbeque at 5pm followed by Winners Reveal and prize giving at 6pm. All residents are welcome to attend this function.



Hands on Cooking Classes - Thursday, 3pm, 25 September

The classes will run for 5 weeks and cost \$100 for the program including all the food you'll cook and eat! The course will teach you how to cook five different dishes: covering breakfast, lunch and dinner, a snack and dessert. It will be enjoyable and of course you get to sample what you've prepared. For any further information, please contact Carole Wallace. There will be a sign up sheet on the notice board.

Musical Afternoon - Thursday, 16 October

The committee is planning a wonderful musical event. This will be a late afternoon event with refreshments. Mark your diary and watch the notice board for more information.

CARERS SUPPORT

Pam Gardner would like to create an informal group to support those of you who are Carers for others. Pam's experience will be very helpful in assisting you through the many challenges you sometimes face alone in your role as a Carer.

Please contact Pam on 0439 907 116 or pmandjj@bigpond.net.au if you are interested.



UKULELE LESSONS

Ukulele lessons are underway at Villa 144 for beginners and "newbies" on Thursday mornings 10am 'till 11:30am with Martin Bunny.

Martin's aim is to teach enough to bring the 'students' to a level where they can go to any of the 40 Ukulele groups in the 'metro area' or 'regional' groups which range from Esperance to Carnarvon to play-along and sing-along with the locals.

Currently lessons are free and Martin can advise on, or possibly loan, a suitable instrument if you don't currently have a Ukulele.

UNIVERSITY OF THE THIRD AGE (U3A)



There will be two speakers at the next U3A meeting on Thursday, 1:30pm, 11 September, Function Room.



David Beard's topic is "Age Well". Based on David's work in the aged care industry and his book "If I'd Only Known I'd Live This Long", this session is a great way to learn what changes people can make to ensure they age gracefully and with the energy and enthusiasm they desire. He will probably have his book to sell.

Terry Harvey's presentation "Airship Disaster in the Arctic" is a story about a polar explorer who wanted to explore the Arctic and reach the North Pole by airship. On a trip in 1928 adverse weather caused the airship to crash on the ice. Following the crash an incredible story of survival and rescue occurred which is considered one of the most astonishing episodes in aviation history.



\$3pp includes afternoon tea. Please bring exact change or a \$5 note.
Enquiries: Jim Barns on 9448 6432 or jnjbarns@bigpond.com

INTERGENERATIONAL PROGRAM WITH HALE SCHOOL DATES

Pre-Primary Program

Friday morning, Hale School

- 12 September

Art and IT

Wednesday, 4pm

- 3 September
- 17 September

BLUE THUMB Gardening - *NEW*

Monday, 4pm, OG Gardens

- 15 September
- 22 September

Spaces are limited so please see Alison ASAP if you wish to join us.

GROUP TABLE TENNIS

Happening every Tuesday, two sessions 1:30pm and 7pm, Function Room.

For more information, please contact Margaret Sharp (0419 902 722) or Felicity Pexton (0427 705 528).

Everyone welcome including spectators too!

TABLE TENNIS TABLE

The table tennis table will be available from Thursday to Sunday.

You're welcome to enjoy it at your leisure with family and friends.

Have fun!



VILLAGE NOTICE

LITHIUM-ION BATTERIES, HOME, VILLA & APARTMENT FIRES

Researched and written by Mike Collett, member of the Residents' Committee

On Saturday 9 August 2025, the Department of Fire & Emergency Services Commissioner, Darren Klemm pleaded to West Australians to remain vigilant as lithium-ion batteries are causing an increasing number of fires in homes.

So far this year, 94 Lithium-ion battery fires (an average of 3 per week), whilst in 2024 for the same period only 43 were recorded. Nearly one third of this year's fires involved batteries catching fire even when not being charged.

Items causing fires includes – laptops, powerpacks and power tools are Lithium-ion battery devices which also include mobile phones and gofers. Hence, he advised all recharging should occur on a hard non-combustible surface away from flammable items such as beds, carpets or couches and especially not in Studies with files and paper records. Probably one of the best areas for recharging is Bathrooms with tiled walls and floors plus hard surfaced vanity tops and not adjacent to curtains.

High density living that we enjoy in our Village requires vigilance and continuous risk assessment as we take care of neighbours as well as ourselves. The Administration, in recognition of our camaraderie, continues to advocate and update us, hence, very shortly, the Residents will be invited to a talk given by our Village Insurers and possibly the Department of Local Government, Industry Regulations and Safety, and Department of Fire & Emergency Services. Preliminary discussion with our Building Insurers has indicated the buildings are insured, but the emotional trauma a Lithium-ion fire may cause due to "thermal runaway" may well destroy the contents of a Villa or Apartment long before the Fire Brigade arrives – Hence DON'T MISS THIS TALK – and check with your own contents insurers to make sure you have adequate cover of your treasured possessions.

FIRE ALARM SAFETY REMINDER

Please be aware that the fire alarm in the main building may be activated at any time, potentially interrupting exercise classes, activities, or coffee in the cafe.

When the alarm sounds:

- Stop what you're doing immediately.
- Follow instructions broadcast over the loudspeaker.
- Evacuate calmly and promptly.

We understand this may be inconvenient, but your safety is our top priority. Know your nearest muster point. Take a moment to review the evacuation plans posted throughout the building so you're prepared.



E-WASTE DROP OFF DAY

Saturday, 9am-3pm,
8 November,
Town of Cambridge
Admin Centre, for free.

Avoid your electronic waste heading straight for landfill and come drop off your old TV's, DVD players, cameras, printers, speakers, laptops, computers, monitors, and any computer parts.



OCEAN GARDENS' HISTORY

The Anniversary Dinner has just been held to celebrate the founding of this Village on 21 August 1988.

We are fast losing the history of our wonderful village. We have minutes from the first few years of the Residents Committee all typed on to foolscap paper and need to be digitised to ensure they are not lost. Other pictures and pieces of information are in the Village, but these need to be collated and preserved in a suitable manner and much research is needed to fill in the gaps of our knowledge so that we have a correct and readable Village history. If you can help with anything in this project please contact Meg on 0407 773 457. Perhaps you like to research information or have IT skills to plan how our old documents can be preserved. Maybe have had experience with historical research and give us a few hints as to the best way to proceed.

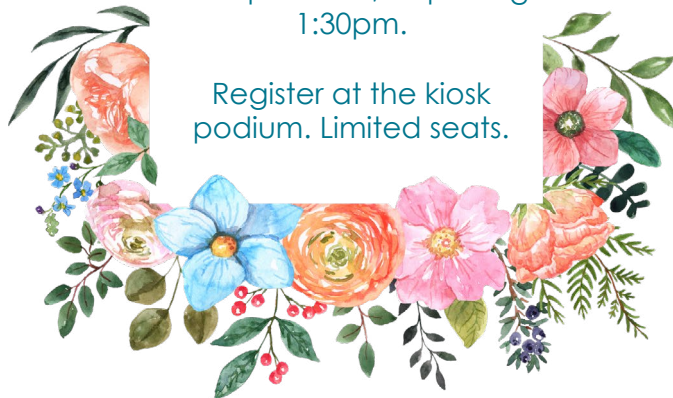


Kings Park Wildflowers

Join us for an afternoon
out to Kings Park.

Wednesday,
17 September, departing
1:30pm.

Register at the kiosk
podium. Limited seats.



VILLAGE NEWS

CHRISTMAS IN JULY DINNER



WATER COLOUR PAINTING BY
FRAN SAVICH

ART GROUP @ V144

Welcome to Peter Buegge who has recently joined the group. Colin is very happy to have some company. In due course the Art Group will be gathering and creating in the Ritson Room each Wednesday afternoon. We will bring our own equipment each week. It will be a welcoming environment to work in, with the courtyard adjacent. The time for us to vacate 144 is fast approaching, and we are grateful to have been given that space.





IT 4 RETIREES MINI WORKSHOPS

Our friends from IT 4 Retirees visited to share tips on spotting online scams and making the most of smartphones and tablets. Now, our residents are not just tech-savvy — they might be the most up-to-date tech experts in WA!



RESIDENT'S PHOTOS



BIRD OF THE MONTH - KOOKABURRA
BY TERRY KIRKLAND



CAMBRIDGE CROQUET CLUB FELLOWSHIP

While the Cambridge Croquet Club undergoes an exciting upgrade to its facilities, the community spirit at Ocean Gardens Retirement Village in City Beach has swung into action.

The croquet lawn is very popular amongst the village residents, has warmly welcomed Cambridge Croquet Club members to use the green whilst their club is out of action.

The arrangement has not only kept Cambridge Croquet Club's games in play but also fostered new friendships between the club and the Ocean Gardens community.

UKULELE LESSONS



RESTAURANT & STAFF NEWS



SEAVIEW RESTAURANT

CHEF MICHELINA LAWSON

Spring Has Sprung! Exciting Updates from Our Restaurant!

With spring upon us, we're thrilled to introduce our new team, now in the swing of things in our beautifully renovated kitchen and restaurant! If you haven't visited us since the renovations, come in for a peek and indulge in some delicious bites.

Meet Our Team: We've assembled a fantastic group of new chefs and waitstaff, including Pilar, our talented new Argentine chef, who will be cooking up incredible meals alongside our team.

Expanded Services: We've expanded our offerings to include lunch deliveries from Monday to Friday and on Sundays. Our restaurant is open from Wednesday to Friday and Sunday, from 12pm to 2pm. Be sure to book in advance, especially for Sunday lunches, to ensure you don't miss out!

Upcoming Events: Recently, we've had to cancel a few events due to low numbers. Please remember that I need final guest counts two days prior to allow for proper preparation.

- **Curry Night:** Join us on Wednesday, September 17, for a delightful curry night featuring a range of dishes from the Orient, with flavours sure to please without being overly spicy. Stay tuned for the menu!
- **Oktoberfest:** Kicking off on September 20, we'll host a traditional German buffet on October 1, featuring schnitzels, sauerkraut, bratwurst, pretzels, apple strudel, and all your favourite German delights. Don't miss out on this fantastic event!

Celebrate with Us: If you're celebrating a special birthday or planning a family gathering, let us take care of everything! We'll handle all the cooking and cleaning, allowing you to relax and enjoy your time with loved ones.

Gift Vouchers Now Available: By popular demand, we are excited to announce that gift vouchers are now available for purchase!

We can't wait to welcome you back and share these exciting experiences with you!

See you soon!

STAFF PROMOTION



SHAUN BREWER
Facilities Manager

Shaun commenced on 13 May 2013 upon his appointment as Gardens Supervisor. In November 2018, he stepped into the role of Facilities Supervisor on a three-month trial basis, and following his successful performance, he was confirmed in the position permanently in February 2019. Most recently, in August 2025, Shaun was promoted to Facilities Manager.





WELLNESS PROGRAM

LAUREN HARPHAM & NIALL MCGURK

And just like that, spring has sprung!

September brings longer days, blooming gardens, and the perfect weather to enjoy the outdoors. As we step into this fresh new season, there's plenty happening around the village to keep you connected, informed, and inspired.

August Highlights: Sound Healing with Shelley

We were thrilled to introduce a unique addition to our wellness program in August - Sound Healing with Shelley. The session was a huge success, with a full house and glowing feedback. Residents described feeling incredibly calm, peaceful, and refreshed afterward.



September Event – Kings Park Wildflowers

Join us for our Annual Kings Park Wildflower Festival Trip!

On the afternoon of Wednesday, 17th September we'll be heading out for our much-loved annual visit to Kings Park to enjoy the stunning Wildflower Festival. If you'd like to come along, please register by adding your name to the sign-up sheet located outside the kiosk.



WELLNESS WARRIOR

FOR
AUGUST

CONGRATULATIONS
VERONICA GEORGIADES



Wellness Warrior

Veronica lights up every session with her infectious, bubbly attitude and positive energy. Her commitment

to the program is evident in her consistent attendance and enthusiastic participation. Whether she's flashing a warm smile or dancing in her chair, Veronica brings a joyful presence that lifts everyone around her. We're lucky to have you as part of the community - thank you for being such a bright light, Veronica!

Wellness Program - Phone: 9285 3015
wellness@oceangardens.com.au

Wellness Class Changes & Updates

- 4 September – Neuro Fit cancelled
- Thursday Gym Strong – time change, please check calendar
- On The Fly Fridays – cancelled until September
- Monday, 29 September - King's Birthday, Public Holiday - All classes cancelled

Upcoming Events

- 17 September – Kings Park Wildflowers - Leave OG at 1:30pm
- 15 October - Arthritis & Osteoporosis WA Presentation
- December – Christmas Markets

Happy Birthday!

CELEBRATING IN STYLE

Anne Sermon celebrating her 80 +/- Birthday in 'Style' on Friday, 1st August in nothing less than a stretch limo (A bucket list item ticked off for Anne) for 10 of her friends to a High Tea at the Ritz Carlton.



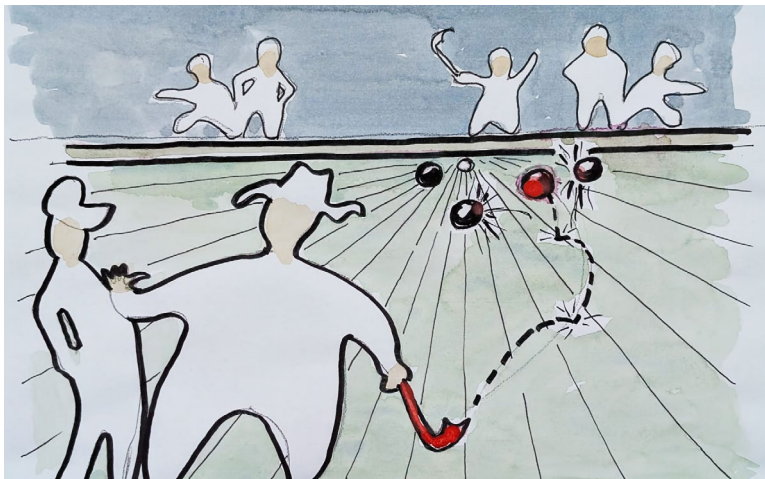
ONCE ON A TIME DEPARTED

BY NICK HODGES, A231

Once on a time departed
When sunshaft sealed the dancing air
In the vaulted woodlands of my youth,
And beam on beam hammered out the days
And rhythmic rays of spring -
There was time enough to wonder.

On the altar of the year's new birth
The greening fusion of sap and leaf
Was awesome to behold,
And deep in the cathedral span of trees
The insistent organ of our bright year's youth
Pealed out the news, the truth of old.

Reverent in swelling adoration we exulted,
Believers all;
Our sun-struck ecstasy echoed and shimmered
there,
Blood and sap and faith together springing
And singing high,
And no doubt lingered winterbound within,
But certainty triumphant we must overcome
And crack the icy bonds of elderhood...
Once on a time departed.



OG BOWLERS

The new greens a sight, smooth as silk and quite divine
OG bowlers roll with swagger-Olympic scouts in line
Peter M and John T throw down the gauntlet
While Richard W and Tony M whisper "we' not be dis avowed"
Extension arms now stretch like lawn bowling Excalibur
Bill Bs bounce sends bowls skyward-airborne quite irregular
Five days a week, the crew refines their gentle art
Croquet is being overtaken in popularity-bowls steals the heart

ART BY COLIN ANDREWS AND
WRITTEN CONTENT BY RAY PURDY

RESIDENT'S PHOTOS



WATTLEBIRD TAKING WOOL FROM THE BASKET BY ROB LOWE

Ocean Gardens Events September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Patchwork Meeting, V144 11:15am Stability & Balance, F/R 1:30pm Snooker	2 9am The Workshop 9:30am Bowls 9:30am Floreat Shopping Bus 9:30am Chair Yoga, F/R 10:30am Piano Tuesday, F/R 1:30pm Rummikub, R/R 1:30pm Table Tennis, F/R 1:30pm Snooker 2pm Gym Strong, Gym 2pm Croquet 7pm Table Tennis, F/R	3 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10am Reabold Atrium Catchup 11:15am Stability & Bal, F/R 11:30am Catholic Mass, R/R 1:30pm Snooker 2pm Art Group, V144 2pm Croquet 4pm Art Group Meeting, V144 4pm Hale School - Art & IT, V144 & R/R	4 9:30am Bowls 10am Gym Strong, Gym 10am Ukulele Lessons, V144 11am Stretch & Restore, R/R 1:30pm Snooker 2pm Croquet	5 9:30am Bowls 11:15am Line Dancing, F/R 1:30pm Snooker 1:30pm Mahjong, R/R	6 9:30am Bowls 10am Morning Tea, Floreat Atrium 1:30pm Snooker 1:30pm Rummikub 2pm Croquet	7 9:30am Bowls 1:30pm Bridge, R/R 1:30pm Snooker 2pm Croquet
8 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Patchwork Meeting, V144 11:15am Stability & Balance, F/R 1:30pm Snooker	9 9am The Workshop 9:30am Bowls 9:30am Floreat Shopping Bus 9:30am Chair Yoga, F/R 10:30am Piano Tuesday, F/R 1:30pm Rummikub, R/R 1:30pm Table Tennis, F/R 1:30pm Snooker 2pm Gym Strong, Gym 2pm Croquet 7pm Table Tennis, F/R	10 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Mt Kenneth Atrium Catchup 11:15am Stability & Bal, F/R 1:30pm Snooker 2pm Art Group, V144 2pm Croquet 6:30pm Book Club, R/R	11 9:30am Bowls 9am Gym Strong, Gym 10am Neuro Fit, Gym 10am Ukulele Lessons, V144 11am Stretch & Restore, R/R 1:30pm Snooker 1:30pm U3A Presentations, F/R 2pm Croquet	12 9:30am Bowls 11:15am Line Dancing, F/R 1:30pm Snooker 1:30pm Mahjong, R/R	13 9:30am Bowls 10am Morning Tea, Floreat Atrium 1:30pm Snooker 1:30pm Rummikub 2pm Croquet	14 9:30am Bowls 1:30pm Snooker 2pm Croquet 5pm Sundowner Entertainment - Shaun Tan, Violinist, F/R
15 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Patchwork Meeting, V144 11:15am Stability & Balance, F/R 1:30pm Snooker 4pm Hale School Blue Thumb - OG Gardens	16 9:30am Bowls 9am The Workshop 9:15am Karrinyup Shopping Bus 9:30am Chair Yoga, F/R 10:30am Piano Tuesday, F/R 1:30pm Rummikub, R/R 1:30pm Table Tennis, F/R 1:30pm Snooker 2pm Gym Strong, Gym 2pm Croquet 7pm Table Tennis, F/R	17 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Floreat Atrium Catchup 11:15am Stability & Bal, F/R 1:30pm Snooker 1:30pm Kings Park Trip 2pm Art Group, V144 2pm Croquet 4pm Hale School - Art & IT, V144 & R/R 6pm Curry Night, Restaurant	18 9:30am Bowls 9am Gym Strong, Gym 9:30am Prayer Group, R/R 10am Ukulele Lessons, V144 10am Neuro Fit, Gym 10am Residents Gardens Club, Croquet Gazebo 11am Stretch & Restore, R/R 1:30pm Snooker 2pm Croquet 5pm Ocean Tidings <u>Submission Deadline</u>	19 9:30am Bowls 11:15am Line Dancing, F/R 1:30pm Snooker 1:30pm Mahjong, R/R 5pm AFL Tipping Announcement, F/R	20 9:30am Bowls 10am Morning Tea, Floreat Atrium 1:30pm Snooker 1:30pm Rummikub 2pm Croquet	21 9:30am Bowls 1:30pm Bridge, R/R 1:30pm Snooker 2pm Croquet

Ocean Gardens Events September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
22 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Patchwork Meeting, V144 11:15am Stability & Balance, F/R 1:30pm Snooker 4pm Hale School Blue Thumb - OG Gardens	23 9am The Workshop 9:30am Floreat Shopping Bus 9:30am Bowls 9:30am Chair Yoga, F/R 10am Anglican Service, R/R 10:30am Piano Tuesday, F/R 1:30pm Rummikub, R/R 1:30pm Table Tennis, F/R 1:30pm Snooker 2pm Gym Strong, Gym 2pm Croquet 7pm Table Tennis, F/R	24 8:30am Fun Fit, F/R 9:30am Bowls 10am Chair Fit, F/R 10:30am Bold Park Atrium Catchup 11:15am Stability & Bal, F/R 1:30pm Snooker 2:30pm Bingo, F/R 2pm Art Group, V144 2pm Croquet	25 9:30am Bowls 9am Gym Strong, Gym 10am Neuro Fit, Gym 10am Ukulele Lessons, V144 11am Stretch & Restore, R/R 1:30pm Snooker 2pm Croquet 3pm Hands on Cooking Classes, TBC	26 9:30am Bowls 11:15am Line Dancing, F/R 1:30pm Snooker 1:30pm Mahjong, R/R 2pm Sing Along, F/R	27 9:30am Bowls 10am Morning Tea, Floreat Atrium 1:30pm Snooker 1:30pm Rummikub 2pm Croquet	28 9:30am Bowls 1:30pm Snooker 2pm Croquet 3pm Movie 303 - 'Conclave', F/R
29 KING'S BIRTHDAY 9:30am Bowls 10:30am Patchwork Meeting, V144 1:30pm Snooker	30 9:30am Bowls 9am The Workshop 9:30am Chair Yoga, F/R 9:30am Floreat Shopping Bus 10:30am Piano Tuesday, F/R 1:30pm Rummikub, R/R 1:30pm Snooker 1:30pm Table Tennis, F/R 2pm Gym Strong, Gym 2pm Croquet 7pm Table Tennis, F/R	<div> <div> <h2>GET OG SOCIAL</h2> <h3>SPECIAL EVENTS NEW ONGOING EVENTS</h3> <p>IF YOU HAVE A PARTICULAR INTEREST AND WOULD LIKE TO FORM A GROUP, PLEASE CONTACT THE PRESIDENT OF THE RESIDENTS' ASSOCIATION, CAROLE WALLACE.</p> </div> <div>  <h3>MOVIE 303</h3> <p>Sunday, 3pm, 28 September, Function Room.</p> <p>'Conclave'.</p> </div> <div>  <h3>AFL TIPPING ANNOUNCEMENT</h3> <p>Friday, 5pm, 19 September, Function Room.</p> </div> </div>				



KING'S PARK OUTING

Wednesday, 1:30pm, 17 September